

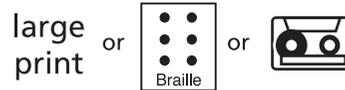
I fell asleep on the beach and have bad sunburn, can you treat me?

I have been stung by a bee, can you help me?

## Minor Injuries Unit (MIU) Lymington New Forest Hospital

# Your questions answered!

For a translation of this document, an interpreter or a version in



please contact HCHC Communications  
☎ 023 8087 4276

Hampshire Community Health Care is responsible for providing NHS services in the Hampshire area and is hosted by Hampshire Primary Care Trust.

I think I've fractured my wrist, can you treat me?

My child has fallen off her bike, can you help?

Something's in my eye, can you have a look?

### Children

**We are unable to treat any child under the age of one year.**

We are only able to request X-ray on children over 5 years. Therefore we request all children under the age of 5 requiring an X-ray are taken to Southampton General Hospital or Bournemouth General Hospital.

**If in doubt about whether to use the Minor Injuries Unit, please call us on 01590 663101 for advice and guidance, between 8am and 9pm**



### Minor Injuries Unit

Lymington New Forest Hospital  
Wellworthy Road  
Lymington, Hants SO41 8QD

Phone: **01590 663000**

MIU: **01590 663101**

Fax: **01590 663097**

### Legal Notice

Please remember that this leaflet is intended as general information only. We aim to make the information as up to date and accurate as possible, but please be warned that this is always subject to change. Please therefore always check specific advice on any concerns you may have with your doctor.



## Minor Injuries Unit (MIU)

### Lymington New Forest Hospital

The MIU at Lymington New Forest Hospital can treat a range of minor injuries and ailments. The nurses who run the unit are very experienced and prevent patients from having to travel to Southampton General or the Royal Bournemouth Hospital with a minor injury.

**The MIU is not a smaller version of an Emergency Department (A&E), and does not have emergency or intensive care facilities.**

**If you do have an emergency, call 999. Paramedic staff and ambulances can get you to the larger hospitals safely and stabilise serious conditions.**

### What can be treated?

Experienced nurses in the unit can treat a range of minor injuries and ailments for adults and children, these are:

- twisted ankles, sprains and bruises
- removing foreign bodies, like splinters
- simple lacerations, cuts and grazes
- simple limb fractures
- minor eye injuries and infections
- minor head injuries, for example from a low fall
- minor burns and scalds
- minor ear problems (except syringing)
- insect and animal bites and stings
- localised allergic reactions and infections, like infected wounds
- Cystitis and emergency contraception

### What can't be treated?

The MIU can only treat minor injuries. It cannot treat:

- chest pain
- stomach pains
- unwell children for example, with a high fever, collapse or fits
- catheters
- neck and back injuries
- vomiting and diarrhoea
- asthma/difficulty in breathing
- major trauma, from road traffic accidents, falls from heights over 1 metre/3 feet etc.
- mental health problems, like depression or psychosis
- pregnancy related problems

I've burnt my hand, can you have a look at it?

I have fallen and twisted my ankle, can you help me?

### Alternative NHS support in this area

#### Accident and Emergency - 24 hours

Southampton General Hospital  
**02380 777222**

Bournemouth General Hospital  
**01202 303626**

#### NHS Direct

24 hour confidential nurse advice and information service, to help you make the right choice to meet your needs.

**0845 4647**

[www.nhsdirect.nhs.uk](http://www.nhsdirect.nhs.uk)



#### GPs - Out of Hours

If you need help from a doctor in the evening or at the weekend, call your own surgery on the usual number and listen to the recording or phone West Hampshire Out Hours Service.

**0844 8113060**

#### Dental Care - Out of Hours

Call your own dentist first. Most NHS dentists are part of an out of hours scheme for registered patients.

Urgent treatment for unregistered patients phone

Dental Helpline **0845 0508345**

